

PHYSICAL EDUCATION

Our physical education curriculum supports children to develop proficiency in balance, co-ordination and physical movement while learning how to succeed in a range of different activities and sports. Children participate in competitive sports, with an emphasis on their showing mutual respect and sportsmanship, and they are helped to recognise the benefits of an active lifestyle for their mental and physical health.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Multi-skills	Gymnastics	SAQ	OAA	Athletics	Striking & fielding
Year 2	Multi-skills	Gymnastics	SAQ	OAA	Athletics Swimming	Striking & fielding Swimming
Year 3	Basketball	Gymnastics	Quicksticks	Invasion games	Athletics Swimming	Striking & fielding Swimming
Year 4	Basketball	Gymnastics	Quicksticks	Invasion games	Athletics	Striking & fielding
Year 5	Basketball	Gymnastics	Quicksticks	Invasion games	Athletics	Leadership
Year 6	Basketball	Gymnastics	Quicksticks	Invasion games	Athletics	Leadership